

Understanding Your Health Benefit Coverage

When to Make a Change

You must contact us within 31 days of the following:

- Name change
- Change of address
- Military service
- Marriage
- Birth or adoption
- Any additions or deletions of dependents
- 19th birthday or your contract's enrolled dependent age limit
- Marriage of an enrolled dependent
- Divorce, dissolutionment or separation
- Retirement
- Medicare eligibility
- Death of an enrolled subscriber

If you have any questions regarding your health benefit coverage, please contact your Medical Mutual™ customer service representative.



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Medical Mutual is dedicated to providing comprehensive healthcare coverage. To help you get the most from your benefit coverage, it is essential that you understand your coverage completely and notify Medical Mutual when your coverage information changes.