

# Welcome to Independent Living!

## Classroom Rules

1. Respect yourself, your peers, school equipment, and your teachers.
2. Please raise your hand to speak.
3. Always be prepared for class (pencil and paper)
4. Please follow the instructions the first time they are given.
5. Stay in your seat until the bell rings. (No lining up at the door).

## Lab Rules

1. Absolutely no horse- play. What horseplay is is determined by the teacher!
2. Clean up always begins 10 minutes before the bell rings.
3. All dirty towels and washcloths go in the laundry baskets.
4. All dishes used are to be washed and put back in the assigned kitchen cupboard before the bell rings.
5. No one from another lab group is permitted in another group's kitchen area unless instructed to do so.

## Consequences- (may depend on circumstances)

- 1<sup>st</sup> offense- Verbal Warning
- 2<sup>nd</sup> offense- Teacher Detention and Notice to parents
- 3<sup>rd</sup> offense- After school detention
- 4<sup>th</sup> offense- Office referral

## Grading Scale

- A 100-93
- B 92-86
- C 85-78
- D 77-70
- F 69 and Below

## Tentative Course Outline

Week 1- Decision Making, Goals, time management

Week 2 - People Skills- friendships, relationships, roommates, Etiquette

Week 3- Money management, advertising, shopping, budgeting

Week 4- Consumer protection and privacy, paychecks, dues, taxes

Week 5- Saving, lending, borrowing, bank accounts, checkbooks

Week 6- Credit cards, bills, debt, insurance

Week 7- Saving and investing

Week 8- After graduation- dorm life, Apartment and house hunting

Week 9-Roommates, house maintenance, managing, safety

Week 10- Budgeting later in life, comparison shopping

Week 11- Personal health, attitude, fit for life, getting and staying in shape

Week 12- Food conscious, eating well, eating disorders, drugs and alcohol, personal safety

Week 13- Food facts, meal planning, grocery shopping, recipes

Week 14- STDs, fighting diseases, health care

Week 15- Food Safety, eating out

Week 16- Professional dress, fits that flatter, job searching,

Week 17- Life after high school career pathways, plan and begin portfolio project

Week 18- Portfolio project and interviews

