

# 7 - 12 Menu

July, 2010  
Gordon Food Service®

GFS Reorder Number	Product Description	Edible or As Purchased	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
<b>Blue Week</b>																						
314463	CRISPITO CHIX CHILI CN 72-3 25Z TY5	AP	1 EACH	240	8	13.7	3.6	0.0	30	20	1.8	2	340	0.91	0	0	100	1 PIECE	1,000		1,250	Y
223221	SAUCE TACO A/P 4-1GAL GRSZ	AP	1 TBSP	10	0	0.0	0.0	0.0	0	2	0.0	2	65	0.00	0	0	0					N
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.785 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	5	5	0.0	4	251	0.00	0	8	8					N
117897	ORANGES MAND WHL L/S 6-10 GFS	AP	0.5 CUP	90	1	0.0	0.0	0.0	0	20	0.0	20	10	0.00	18	400	20					N
497053	SAUSAGE PTY CKD SAGE 2Z 10# JDF	AP	1 EACH	210	7	20.2	7.3	0.0	40	1	0.0	1	390	0.56	0	0	23					N
592625	EGG PATTY FZ 165-1.25Z GFS	AP	1 EACH	70	3	6.0	1.4	0.0	110	1	0.0	0	110	0.35	0	100	20	1.25oz Patt	1,000	0.000	0.000	Y
164216	CHEESE AMER 120CT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
208640	MUFFIN ENGLISH 2Z 12-12CT GFS	AP	1 EACH	127	5	1.1	0.0	0.0	0	25	1.1	1	268	1.71	0	3	89	1 Each	0.000	0.000	1,000	N
551775	HASHBROWN PTY OVAL 2.25Z 12-20CT LAMB	AP	1 EACH	140	2	8.3	1.9	0.0	0	15	1.9	0	270	0.64	3	0	0	1 Each	0.000	0.250	0.000	N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
373640	JUICE ORNG 100% 48-6FLZ SNCUP	AP	1 EACH	82	0	0.0	0.0	0.0	0	19	0.0	0	0	0.00	61	282	15	1 (6oz) eac	0.000	0.750	0.000	N
373680	JUICE APPLE 100% 48-6FLZ SNCUP	AP	1 EACH	91	0	0.0	0.0	0.0	0	19	0.0	0	0	0.00	59	0	17	6oz	0.000	0.750	0.000	N
373670	JUICE GRAPE 100% 48-6FLZ SNCUP	AP	1 EACH	91	0	0.0	0.0	0.0	0	25	0.0	0	0	0.00	60	0	15	1 (6 flz) ea	0.000	0.750	0.000	N
176800	CHIX TNDR HMSTYL PEPR 6-5# COMM	AP	2 Piece	160	11	8.3	1.4	0.0	30	11	0.0	0	490	1.38	0	100	20	3 each	2,000	0.000	1,250	Y
613738	POTATO PRLS EXCEL 1Z 12-12CT BAMER	AP	3.53 OZ	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pri	0.000	0.500	0.000	N
587095	ROLL DNNR POTATO 1Z 12-12CT GFS	AP	1 EACH	100	3	2.0	0.0	0.0	0	19	1.0	3	135	0.99	0	0	20	1 Each	0.000	0.000	1,250	N
290025	GRAVY MIX CHIX 8-2Z 6Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	0.25 cup	0.000	0.000	0.000	N
224448	PEACH SLCD L/S 6-10 GFS	AP	0.5 CUP	71	1	0.0	0.0	0.0	0	16	1.3	16	10	0.00	1	300	0					N
210358	CORN DOG CHIX MINI 67Z CN 2-5# GFS	AP	4 EACH	210	7	12.2	2.3	0.0	45	18	0.8	7	490	1.52	0	0	40	6 each	2,000	0.000	2,000	Y
412200	FRIES 5/16" R/C LNG GRD A 6-5# GFS	AP	3 OZ	140	2	5.0	2.5	2.5	5	21	1.7	0	25	0.84	6	0	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
515884	DOUGH CKY SGR 240-1Z RICH	EP	1 EACH	116	1	6.0	1.3	2.3	1	15	0.3	7	98	0.52	0	202	11	1 cookie	0.000	0.000	0.750	N
432180	BREADSTICK CHS STFD 108-3Z BOSC	AP	1 EACH	210	12	8.2	3.6	0.0	15	28	1.8	1	150	1.82	0	100	200	1 EACH	1,000		2,000	N
456063	SAUCE MARINARA DLX 6-10 CONTDN	AP	0.5 CUP	70	1	1.3	0.0	0.0	0	11	1.3	6	540	1.25	6	500	40					N
851329	CORN CUT SUPER SWT 6-4# GFS	AP	0.67 CUP	100	3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0					N
358991	CORN SUPER SWT 30# GFS	AP	0.67 CUP	70	3	0.9	0.0	0.0	0	14	1.8	6	0	0.00	6	100	0					N
278971	APPLESAUCE SWT 6-10 GFS	AP	0.5 CUP	89	0	0.0	0.0	0.0	0	21	2.5	18	10	0.00	0	0	0					N
<b>Red Week</b>																						
194263	FRANKS 3 MEAT FOOTLONG 6/# 2-5# GFS	AP	1 EACH	232	8	21.2	6.8	0.8	57	2	0.0	1	767	0.76	0	0	54	1 each	2,500	0.000	0.000	N
586854	BUN HOT DOG FOOTLONG SLCD 12-6CT GFS	AP	1 EACH	240	7	4.3	0.8	0.0	0	44	1.7	5	370	2.55	0	0	40					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
520098	BEAN BAKED 6-10 BUSH	AP	0.5 CUP	140	7	1.3	0.0	0.0	0	29	5.2	12	550	1.30	0	0	40					N
517186	RELISH SWT PICKLE 4-1GAL GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	140	0.00	0	0	0					N
261769	ONION RING BRD BKABLE 4-2.5# MOORES	AP	4 EACH	280	4	15.2	2.8	0.0	0	31	4.8	2	500	0.95	3	0	20					N
290203	PEAR DCD L/S 6-10 GFS	AP	0.5 CUP	81	0	0.0	0.0	0.0	0	20	2.6	14	5	0.00	1	0	0	.5 cup		0.500		N
107492	CHERRY MARASCH NO STEM 4-1GAL GFS	AP	1 EACH	10	0	0.0	0.0	0.0	0	2	0.0	1	0	0.00	0	3	5					N
462700	CHIX POPCORN BRD ORIG 2-5# GFS	AP	10 PIECE	230	15	11.1	1.0	2.0	40	16	0.0	0	890	1.01	0	0	0	14 Each	2,000	0.000	1,750	N
802850	SAUCE GEN TSO 2-1GAL ASIAN	AP	1 TBSP	35	0	0.0	0.0	0.0	0	8	0.0	8	180	0.00	1	0	0					N
108251	RICE 25# UBEN	AP	0.25 CUP	170	4	0.0	0.0	0.0	0	38	0.0	0	0	2.94	0	0	40					N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0.000	0.000	1,750	N
175706	CARROT SLCD C/C 12-2# GFS	AP	0.5 CUP	23	1	0.0	0.0	0.0	0	5	1.9	3	44	0.00	2	7195	23					N
285750	CARROT SLCD SMTH MED 30# GFS	AP	0.5 CUP	23	1	0.0	0.0	0.0	0	5	1.9	3	44	0.00	2	7195	23					N
225304	FRUIT COCKTAIL L/S 6-10 GFS	AP	0.5 CUP	71	0	0.0	0.0	0.0	0	18	1.3	16	15	0.00	1	200	0					N
109760	PIZZA BEEF FIESTADA 96-5.3Z TONY	AP	1 EACH	341	17	12.0	4.5	0.0	30	42	3.0	9	780	3.00	0	500	251	1 ea (5.22)	2,000	0.130	2,250	Y
195944	BEAN GREEN CUT 12-2# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40					N
285630	BEAN GREEN CUT IQF 30# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40					N
189952	PINEAPPLE CHUNKS IN JCE 6-10 GFS	AP	0.5 CUP	80	0	0.0	0.0	0.0	0	20	2.7	19	11	1.33	12	200	20					N
413370	PASTA SPAGHETTI 10" 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
413360	PASTA ROTINI 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
437972	SAUCE SPAGHETTI TRAD 6-10 RAGU	AP	0.5 CUP	70	3	2.5	0.0	0.0	0	9	2.5	6	580	1.25	3	500	20					N

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293733	BEEF GRND 77/23 TUBES 6-5# GFS	AP	4 OZ	310	20	26.1	10.2	1.1	90	0	0	0	60	2.27	0	0	0					N
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	0	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	0	5	0.0	4	251	0.00	0	8	8					N
219610	BREADSTICK PLAIN 8" 10-20CT GFS	AP	1 EACH	150	4	1.5	0.0	0.0	0	28	1.0	1	190	2.04	0	0	20	1 each	0.000	0.000	2.250	N
448443	GELATIN MIX ASST SGR FR 18-2.5Z CARB	AP	0.75 TSP	7	1	0.0	0.0	0.0	0	1	0.0	0	6	0.02	0	0	1					N
589741	JUICE APPLE 100% 4-128FLZ HV	AP	8 FLOZ	122	0	0.0	0.0	0.0	0	28	0.0	28	17	0.00	6	0	11					N
576646	CARROT STIX STRAIGHT CUT 2-5# RSS	AP	1 CUP	52	1	0.0	0.0	0.0	0	13	3.8	6	88	0.00	8	15406	42					N
781592	CELERY STIX 4-3# RSS	AP	100 Gram	14	1	0.0	0.0	0.0	0	3	2.0	2	80	0.00	3	449	40					N
537705	DRESSING RNCH CUP 120-1Z MARZ	AP	1 OZ	150	0	16.0	2.5	0.0	5	1	0.0	1	260	0.00	0	0	0					N
Green Week																						
100660	BEEF BRGR CKD CHARB CN 81-3-1Z GFS	AP	1 EACH	250	16	21.3	7.7	0.0	60	0	0.0	0	130	1.70	0	0	0	1 each	2.750	0.000	0.000	Y
588341	BUN HAMB DBL DECKER 4" 10-12CT GFS	AP	1 EACH	172	6	3.8	0.6	0.0	0	28	1.3	3	225	1.92	1	1	31					N
149195	PICKLE DILL SLCD HAMB 4-1GAL GFS	AP	1 OZ	0	0	0.0	0.0	0.0	0	0	0.0	0	390	0.00	0	0	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
107042	DRESSING SALAD 4-1GAL GFS	AP	1 TBSP	50	0	4.5	1.0	0.0	5	2	0.0	1	130	0.00	0	0	1					N
221708	FRIES 3/8" R/C RNG GRD A 6-5# GFS	AP	3 OZ	120	2	4.3	0.8	0.0	0	18	1.7	0	25	0.85	6	0	103 oz		0.250			N
776548	TACO FILLING BEEF 4-5# GFS	AP	1 CUP	100	8	7.3	2.2	0.0	20	3	1.1	1	240	1.68	1	100	20	2.30 oz	2.000	0.000	0.000	N
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
191043	CHEESE CHED MILD SHRD FINE 4-5# GFS	AP	0.25 CUP	110	7	9.0	5.0	0.0	30	0	0.0	0	180	0.00	0	300	200					N
222321	SAUCE TACO A/P 4-1GAL GRSD	AP	1 TBSP	10	0	0.0	0.0	0.0	0	2	0.0	2	65	0.00	0	0	0					N
466921	CHIP TORTL CORN WHT 2-3# FSTDA	AP	1 OZ	160	2	9.9	1.1	0.0	0	16	2.0	0	70	0.57	0	0	10					N
163020	CHIP TORTL RND YEL 5-1.5# KE	AP	10 EACH	160	2	7.0	1.0	0.0	0	22	1.0	0	75	0.00	0	0	9 chips			1.000		N
711684	MUFFIN ASST WHOLESOME 1.5Z 3-24CT SL	AP	1 EACH	120	2	3.0	0.9	0.0	15	22	2.2	12	100	0.86	0	0	0	1 each	0.000	0.000	0.750	N
224421	PEAR HALVES L/S 6-10 GFS	AP	0.5 CUP	81	0	0.0	0.0	0.0	0	20	2.6	14	5	0.00	1	0	0.5 cup		0.500			N
437430	PIZZA WGRAIN CHS SLC 96-4.67Z MAX	AP	1 EACH	270	15	10.6	2.6	0.0	11	32	4.0	0	800	5.30	0	502	250	1 Each	2.000	0.130	2.000	Y
437380	PIZZA WGRAIN CHS STFD 72-5.75Z MAX	AP	1 EACH	380	18	14.7	4.9	0.0	15	46	3.3	0	941	4.89	0	500	350	1 Each	2.000	0.130	3.250	Y
323233	VEG BLND CALIF 12-2# GFS	AP	1 CUP	30	2	0.0	0.0	0.0	0	5	1.9	1	25	0.00	20	750	20					N
285740	VEG BLND CALIF PREM 30# GFS	AP	1 CUP	30	2	0.0	0.0	0.0	0	5	1.9	1	25	0.00	20	750	20					N
509183	CHIX NUGGET CRSPY BRD O/R 10.65# TYS	AP	4 EACH	250	11	16.1	3.8	0.0	75	16	0.9	1	670	1.90	0	100	20	4pc (.85z e	2.000	0.000	1.000	Y
613738	POTATO PRLS EXCEL 12-28Z BAMER	AP	3.53 OZ	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pt	0.000	0.500	0.000	N
290025	GRAVY MIX CHIX 8-22.6Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	.25 cup	0.000	0.000	0.000	N
587095	ROLL DNNR POTATO 1Z 12-12CT GFS	AP	1 EACH	100	3	2.0	0.0	0.0	0	19	1.0	3	135	0.99	0	0	20	1 Each	0.000	0.000	1.250	N
117897	ORANGES MAND WHL L/S 6-10 GFS	AP	0.5 CUP	90	1	0.0	0.0	0.0	0	20	0.0	20	10	0.00	18	400	20					N
189952	PINEAPPLE CHUNKS IN JCE 6-10 GFS	AP	0.5 CUP	80	0	0.0	0.0	0.0	0	20	2.7	19	11	1.33	12	200	20					N
413320	PASTA ELBOW MACAR 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
290319	SAUCE MIX CHS INST 8-32Z TRIO	AP	1.67 TBSP	50	0	1.0	0.5	0.0	0	9	0.0	2	330	0.00	0	0	0					N
283760	PEAS GREEN IOF 30# KE	AP	0.67 CUP	70	5	0.0	0.0	0.0	0	12	3.6	4	200	0.89	6	400	0					N
119415	PEAS GREEN 12-2.5# GFS	AP	0.67 CUP	70	5	0.0	0.0	0.0	0	12	3.6	4	100	0.89	6	400	0					N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0.000	0.000	1.750	N
293393	STRAWBERRY SLCD 4+1 6-6.5# GFS	AP	0.67 CUP	150	0	0.0	0.0	0.0	0	38	1.4	34	0	1.40	48	0	0					N
278726	STRAWBERRY SLCD 4+1 30# GFS	AP	0.67 CUP	150	0	0.0	0.0	0.0	0	38	1.4	34	0	1.40	48	0	0					N
Orange Week																						
497053	SAUSAGE PTY CKD SAGE 2Z 10# JDF	AP	1 EACH	210	7	20.2	7.3	0.0	40	1	0.0	1	390	0.56	0	0	23					N
592625	EGG PATTY FZ 165-1.25Z GFS	AP	1 EACH	70	3	6.0	1.4	0.0	110	1	0.0	0	110	0.35	0	100	20	1.25oz Patt	1.000	0.000	0.000	Y
164216	CHEESE AMER 120CT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
208640	MUFFIN ENGLISH 2Z 12-12CT GFS	AP	1 EACH	127	5	1.1	0.0	0.0	0	25	1.1	1	268	1.71	0	3	89	1 Each	0.000	0.000	1.000	N
551775	HASHBROWN PTY OVAL 2.2-12-20CT LAMB	AP	1 EACH	140	2	8.3	1.9	0.0	0	15	1.9	0	270	0.64	3	0	0	1 Each	0.000	0.250	0.000	N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
373640	JUICE ORNG 100% 48-6FLZ SNCUP	AP	1 EACH	82	0	0.0	0.0	0.0	0	19	0.0	0	0	0.00	61	282	15	1 (6oz) eac	0.000	0.750	0.000	N
373680	JUICE APPLE 100% 48-6FLZ SNCUP	AP	1 EACH	91	0	0.0	0.0	0.0	0	19	0.0	0	0	0.00	59	0	17	6oz	0.000	0.750	0.000	N
373670	JUICE GRAPE 100% 48-6FLZ SNCUP	AP	1 EACH	91	0	0.0	0.0	0.0	0	25	0.0	0	0	0.00	60	0	15	1 (6 flz) ea	0.000	0.750	0.000	N
415540	FRENCH BRD WGRAIN CHS 80-5.1Z TONY	AP	1 EACH	320	16	10.3	2.9	0.0	21	35	1.5	4	600	2.94	15	500	300	1 Pizza	2.000	0.130	2.000	Y

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GFS Reorder Number	Product Description	Edible or As Purchased	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
415550	FRENCH BRD WGRAIN PEPP 60-5.12Z TONY	AP	1 EACH	331	17	11.6	2.9	0.0	0	35	1.4	4	510	2.80	15	500	249	1(-5.12oz)	2,000	0.125	2,000	N
119245	BROCCOLI CUTS 12-2.5# GFS	AP	0.75 CUP	30	0.0	0.0	0.0	0.0	0	4	1.7	2	20	0.00	30	0	20					N
285590	BROCCOLI CUTS IQF 30# GFS	AP	0.75 CUP	30	0.0	0.0	0.0	0.0	0	4	1.7	2	20	0.00	30	0	20					N
290319	SAUCE MIX CHS INST 8-32Z TRIO	AP	1.67 TBSP	50	0.0	1.0	0.5	0.0	0	9	0.0	2	30	0.00	0	0	0					N
509809	SHERBET CUP ORNG 96-4FLZ CLOVRV	AP	1 EACH	137	1	1.8	0.9	0.0	4	30	0.9	23	35	0.00	12	55	55	1 each		0.250		N
746819	SHERBET CUP LIME 96-3.2Z CLOVRV	AP	1 EACH	134	1	1.8	0.9	0.0	4	29	0.0	22	35	0.00	12	55	55	1 each		0.250		N
509795	SHERBET CUP RASPB 96-4FLZCLOVRV	AP	1 EACH	132	1	1.8	0.9	0.0	4	29	0.0	22	35	0.00	12	54	65	1 each		0.250		N
413360	PASTA ROTINI 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
199001	TOMATO 6X8 LRG 10# MRKN	AP	1 CUP	32	2	0.0	0.0	0.0	0	7	1.8	5	9	0.00	23	1499	18					N
786543	TOMATO ROMA DCD 3/8" 2-5# PIL	AP	3.53 OZ	18	1	0.0	0.0	0.0	0	4	1.0	3	5	0.00	13	833	10					N
592323	CUCUMBER SELECT 6CT GFS	AP	0.33 EACH	15	1	0.0	0.0	0.0	0	3	1.0	2	0	0.00	6	200	20					N
257885	DRESSING ITAL GLDN 4-1GAL GFS	AP	2 TBSP	120	0	12.9	2.1	0.0	0	2	0.0	2	340	0.00	1	400	0					N
514063	SEASONING SALAD WCHS 23Z TRDE	AP	0.25 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	0	0.00	0	0	0					N
576646	CARROT STIX STRAIGHT CUT 2-5# RSS	AP	1 CUP	52	1	0.0	0.0	0.0	0	13	3.8	6	88	0.00	8	15406	42					N
102504	CHIX BRST PTY BRD O/R CN 60-3.8Z TY5	AP	1 PIECE	260	16	14.8	4.2	0.0	45	15	1.1	1	570	1.06	0	0	40	3.8 oz = 1	2,000	0.000	1,000	Y
111820	CHIX BRST HOT & SPICY FC 75-3.2Z TY5	AP	1 EACH	180	15	7.2	1.8	0.0	30	14	0.9	1	510	0.90	0	0	20	1 Each	2,000	0.000	1,000	N
509205	CHIX PTY GRLLD O/R CN 90-2.65Z MCCAR	AP	1 EACH	160	13	11.1	3.0	0.0	45	2	0.0	2	380	0.74	0	100	20	1 Patty	2,000	0.000	0.000	Y
517810	BUN HAMB SLCD WHEAT WHL 4" 10-12 GFS	AP	1 EACH	120	5	1.3	0.0	0.0	0	24	5.8	3	220	1.80	0	0	40	1 Each	0.000	0.000	1,750	N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWVN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
107042	DRESSING SALAD 4-1GAL GFS	AP	1 TBSP	50	0	4.5	1.0	0.0	5	2	0.0	1	130	0.00	0	0	1					N
470732	CHEESE STRING STIX WRPD 160-1Z GFS	AP	1 EACH	80	7	5.9	3.9	0.0	15	1	1.1	0	180	0.00	0	300	200	1 each	1,000	0.000	0.000	N
182600	FRIES TWISTER SEAS 6-5# LAMB	AP	3 OZ	160	2	8.4	1.7	0.0	0	20	1.7	0	430	0.84	6	0	0	2.2 oz	0.000	0.500	0.000	N
101427	SOUP TOMATO 12-5 CAMP	AP	0.5 CUP	90	2	0.0	0.0	0.0	0	20	1.2	12	480	1.20	6	400	0	5c con, 1c	0.000	0.500	0.000	N
164216	CHEESE AMER 12OCT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
231053	BREAD WHEAT SLCD 1/2" 7-32Z GFS	AP	1 SLICE	110	3	1.6	0.0	0.0	0	21	2.0	2	200	1.17	0	0	20	1 Slice	0.000	0.000	1,500	N
231045	BREAD WHT SLCD 1/2" 7-32Z GFS	AP	1 SLICE	110	3	1.6	0.0	0.0	0	21	1.2	2	200	1.17	0	0	20	1 Slice	0.000	0.000	1,500	N
515884	DOUGH CKY SGR 240-1Z RICH	EP	1 EACH	116	1	6.0	1.3	2.3	1	15	0.3	7	98	0.52	0	202	11	1 cookie	0.000	0.000	0.750	N
270644	CRACKER SALTINE 300-4CT KEEB	AP	1 PACKAG	50	1	1.0	0.0	0.0	0	9	0.0	0	160	0.36	0	0	0	1 Pkg (4 ct)	0.000	0.000	0.750	N
473171	APPLE FRSH SLCD 100-2Z PIL	AP	1 PACKAG	30	0	0.0	0.0	0.0	0	7	1.1	6	0	0.00	21	0	0	20z Pkg	0.000	0.250	0.000	N
<b>Purple Week</b>																						
304913	FRANKS 3 MEAT CLASSIC 8/# 2-5# GFS	AP	1 EACH	174	6	15.7	5.0	0.6	43	2	0.0	1	576	0.56	0	0	40	1 Frank	2,000	0.000	0.000	Y
517830	BUN HOT DOG WHEAT WHL 12-12CT GFS	AP	1 EACH	110	5	1.6	0.0	0.0	0	20	4.0	3	200	1.60	0	0	40	1 Each	0.000	0.000	1,250	N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWVN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
517186	RELISH SWT PICKLE 4-1GAL GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	140	0.00	0	0	0					N
200697	FRIES C/OVEN 6-5# MCC	AP	2.54 OZ	110	2	4.3	0.0	0.0	0	17	2.2	0	25	0.72	5	0	0	2.54oz		0.500		N
859570	TREAT RICE KRISPIE MINI 600-.39Z KELL	AP	4 EACH	180	1	4.4	1.3	0.0	0	34	0.0	15	210	0.88	0	400	0	4 Each	0.000	0.000	0.750	N
225304	FRUIT COCKTAIL L/S 6-10 GFS	AP	0.5 CUP	71	0	0.0	0.0	0.0	0	18	1.3	16	15	0.00	1	200	0					N
413370	PASTA SPAGHETTI 10" 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
413360	PASTA ROTINI 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
437972	SAUCE SPAGHETTI TRAD 6-10 RAGU	AP	0.5 CUP	70	3	2.5	0.0	0.0	0	9	2.5	6	580	1.25	3	500	20					N
293733	BEEF GRND 77/23 TUBES 6-5# GFS	AP	4 OZ	310	20	26.1	10.2	1.1	90	0	0.0	0	60	2.27	0	0	9					N
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	5	5	0.0	4	251	0.00	0	8	8					N
219610	BREADSTICK PLAIN 8" 10-20CT GFS	AP	1 EACH	150	4	1.5	0.0	0.0	0	28	1.0	1	190	2.04	0	0	20	1 each	0.000	0.000	2,250	N
612456	PINEAPPLE SLCD IN JCE & WTR 6-10 GFS	AP	0.5 CUP	60	1	0.0	0.0	0.0	0	14	2.4	11	10	1.20	10	100	20					N
100660	BEEF BRGR CKD CHARB CN 81-3.1Z GFS	AP	1 EACH	250	16	21.3	7.7	0.0	60	0	0.0	0	130	1.70	0	0	0	1 each	2,750	0.000	0.000	Y
164216	CHEESE AMER 12OCT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
149195	PICKLE DILL SLCD HAMB 4-1GAL GFS	AP	1 OZ	0	0	0.0	0.0	0.0	0	0	0.0	0	390	0.00	0	0	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWVN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
107042	DRESSING SALAD 4-1GAL GFS	AP	1 TBSP	50	0	4.5	1.0	0.0	5	2	0.0	1	130	0.00	0	0	1					N
324167	POTATO ROUNDS 6-5# GFS	AP	3 OZ	160	2	7.7	1.7	0.0	0	19	1.7	0	330	0.85	1	0	0	4 Each	0.000	0.250	0.000	N
776548	TACO FILLING BEEF 4-5# GFS	AP	1 CUP	100	8	7.3	2.2	0.0	20	3	1.1	1	240	1.68	1	100	20	2.30 oz	2,000	0.000	0.000	N

# 7 - 12 Menu

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222321	SAUCE TACO A/P 4-1GAL GRSZ	AP	1 TBSP	10	0.0	0.0	0.0	0.0	0	2	0.0	2	65	0.00	0	0	0					N
466921	CHIP TORTL CORN WHT 2-3# FSTDA	AP	1 OZ	160	9.9	1.1	0.0	0.0	0	16	2.0	0	70	0.57	0	0	10					N
163020	CHIP TORTL RND YEL 5-1.5# KE	AP	10 EACH	160	7.0	1.0	0.0	0.0	0	22	1.0	0	75	0.00	0	0	0	9 chips		1,000		N
293962	BEAN REFRD 6-10 GRSZ	AP	0.5 CUP	90	2.6	0.0	0.0	0.0	0	17	3.8	0	490	1.28	0	0	40					N
191043	CHEESE CHD MILD SHRD FINE 4-5# GFS	AP	0.25 CUP	110	7	9.0	5.0	0.0	30	0	0.0	0	180	0.00	0	300	200					N
851329	CORN CUT SUPER SWT 6-4# GFS	AP	0.67 CUP	100	3.3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0					N
358991	CORN SUPER SWT 30# GFS	AP	0.67 CUP	70	3.3	0.9	0.0	0.0	0	14	1.8	6	0	0.00	6	100	0					N
278971	APPLESAUCE SWT 6-10 GFS	AP	0.5 CUP	89	0	0.0	0.0	0.0	0	21	2.5	18	10	0.00	0	0	0					N
462700	CHIX POPCORN BRD ORIG 2-5# GFS	AP	10 PIECE	230	15	11.1	1.0	2.0	40	16	0.0	0	890	1.01	0	0	0	14 Each	2,000	0,000	1,750	N
802850	SAUCE GEN TSO 2-1GAL ASIAN	AP	1 TBSP	35	0	0.0	0.0	0.0	0	8	0.0	8	180	0.00	1	0	0					N
108251	RICE 25# UBEN	AP	0.25 CUP	170	4	0.0	0.0	0.0	0	38	0.0	0	0	2.94	0	0	40					N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0,000	0,000	1,750	N
195944	BEAN GREEN CUT 12-2# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40					N
285630	BEAN GREEN CUT IQF 30# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40					N

The nutrition printed is the most up to date information as provided to GFS as of July 2010. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gfs.com