

K - 6 Menus

July, 2010

Gordon Food Service®

GFS Reorder Number	Product Description	Edible or As Purchased	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
Blue Week																						
841684	FRENCH TST STIX 175CT 10# AJ	AP	4 EACH	310	5	12.5	2.9	0.0	0	45	0.0	14	410	1.92	0	0	60	4 pcs.		2,250	N	
466883	SAUSAGE LNK CKD SKNLS 8Z 10# JDF	AP	1 EACH	90	0.0	9.1	0.0	0.0	20	0	0.0	0	160	0.00	0	0	0	3 Links	1,250	0.000	0.000	Y
497053	SAUSAGE PTY CKD SAGE 2Z 10# JDF	AP	1 EACH	210	0.0	20.2	7.3	0.0	40	1	0.0	1	390	0.56	0	0	23				N	
551775	HASHBROWN PTY OVAL 2.25Z 12-20CT LAMB	AP	1 EACH	140	2	8.3	1.9	0.0	0	15	1.9	0	270	0.64	3	0	0	1 Each	0.000	0.250	0.000	N
118921	JUICE APPLE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0	0.0	0.0	0.0	0	14	0.0	0	0	0.00	61	0	11	1(4flz) eac	0.000	0.500	0.000	N
118930	JUICE ORNG 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0	0.0	0.0	0.0	0	14	0.0	0	0	0.00	62	188	10	1(4flz) eac	0.000	0.500	0.000	N
118940	JUICE GRAPE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	60	0	0.0	0.0	0.0	0	16	0.0	0	0	0.00	60	0	10	1(4flz) eac	0.000	0.500	0.000	N
160090	SYRUP PANCK CUP 200-1.5Z GFS	AP	1 EACH	120	0	0.0	0.0	0.0	0	31	0.0	23	0	0.00	0	0	0				N	
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0				N	
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0				N	
437440	PIZZA WGRAIN PEPP SLC 96-4.67Z MAX	AP	1 EACH	270	16	10.6	4.0	0.0	15	32	4.0	0	861	2.65	0	500	250	1 Each	2,000	0.130	2,000	Y
415550	FRENCH BRD WGRAIN PEPP 60-5.12Z TONY	AP	1 EACH	331	17	11.6	2.9	0.0	25	35	1.4	4	510	2.90	15	500	249	1-(5.12oz)	2,000	0.125	2,000	N
134678	PIZZA PEPP STFD CRST PREBK 72CT MAX	AP	1 SLICE	390	18	16.3	4.9	0.0	20	46	1.6	0	999	4.89	0	500	300	1 Each	2,000	0.125	3,250	Y
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10				N	
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99				N	
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	5	5	0.0	4	251	0.00	0	8	8				N	
483621	DRESSING RNCH BTMMLK LT PKT 60-1.5Z	AP	1 EACH	70	1	3.9	0.4	0.0	0	8	0.0	3	310	0.00	0	0	0				N	
610372	PEACH DCD IN JCE 6-10 GFS	AP	0.5 CUP	50	0	0.0	0.0	0.0	0	12	0.0	10	5	0.00	1	300	0				N	
610364	PEAR DCD IN JCE 6-10 GFS	AP	0.5 CUP	60	0	0.0	0.0	0.0	0	14	2.5	10	5	0.00	1	0	0	.5 cup		0.500		N
462700	CHIX POPCORN BRD ORIG 2-5# GFS	AP	10 PIECE	230	15	11.1	1.0	2.0	40	16	0.0	0	890	1.01	0	0	0	14 Each	2,000	0.000	1,750	N
613738	POTATO PRLS EXCEL 12-28Z BAMER	AP	3.5 CUP	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pri	0.000	0.500	0.000	N
290025	GRAVY MIX CHIX 8-2Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	.25 cup	0.000	0.000	0.000	N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0.000	0.000	1,750	N
117897	ORANGES MAND WHL L/S 6-10 GFS	AP	0.5 CUP	90	1	0.0	0.0	0.0	0	20	0.0	20	10	0.00	18	400	20				N	
210358	CORN DOG CHIX MINI 67Z CN 2-5# GFS	AP	4 EACH	210	7	12.2	2.3	0.0	45	18	0.8	7	490	1.52	0	0	40	6 each	2,000	0.000	2,000	Y
520098	BEAN BAKED 6-10 BUSH	AP	0.5 CUP	140	7	1.3	0.0	0.0	0	29	5.2	12	550	1.30	0	0	40				N	
712560	CHIP POT BKD 64-LSSV LAYS	AP	1 PKG	130	2	1.9	0.0	0.0	0	26	1.9	2	200	0.32	3	0	20				N	
191090	SNACK CHS BKD 104-SSV CHEETOS	AP	1 PACKAG	120	2	4.5	1.0	0.0	0	17	0.0	0	210	0.74	0	0	100	1 Pkg	0.000	0.000	1,250	N
226380	CHIP NACHO CHS BKD 88-75Z DORITOS	AP	1 Pkg	90	2	3.0	0.4	0.0	0	16	1.1	0	170	0.42	0	0	20	1-0.75oz p	0.000	0.000	1,000	N
225304	FRUIT COCKTAIL L/S 6-10 GFS	AP	0.5 CUP	71	0	0.0	0.0	0.0	0	18	1.3	16	15	0.00	1	200	0				N	
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0				N	
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0				N	
432180	BREADSTICK CHS STFD 108-3Z BOSC	AP	1 EACH	210	12	8.2	3.6	0.0	15	28	1.8	1	150	1.82	0	100	200	1 EACH	1,000		2,000	N
456063	SAUCE MARINARA DLX 6-10 CONTDN	AP	0.5 CUP	70	1	1.3	0.0	0.0	0	11	1.3	6	540	1.25	6	500	40				N	
851329	CORN CUT SUPER SWT 6-4# GFS	AP	0.67 CUP	100	3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0				N	
285620	CORN CUT IQF 30# GFS	AP	0.67 CUP	100	3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0				N	
278971	APPLESAUCE SWT 6-10 GFS	AP	0.5 CUP	89	0	0.0	0.0	0.0	0	21	2.5	18	10	0.00	0	0	0				N	
Red Week																						
776548	TACO FILLING BEEF 4-5# GFS	AP	1 CUP	100	8	7.3	2.2	0.0	20	3	1.1	1	240	1.68	1	100	20	2.30 oz	2,000	0.000	0.000	N
191043	CHEESE CHED MILD SHRD FINE 4-5# GFS	AP	0.25 CUP	110	7	9.0	5.0	0.0	30	0	0.0	0	180	0.00	0	300	200				N	
242489	LETTUCE SHRDD TACO 1/8CUT 4-5# RSS	AP	1.5 CUP	15	1	0.0	0.0	0.0	0	3	0.9	2	10	0.00	3	200	20				N	
331023	TORTILLA FLOUR 10" FZ 12-24 MEXORIG	AP	1 EACH	180	6	4.0	0.6	0.0	0	30	1.1	1	240	1.14	0	0	60	1 Tortilla	0.000	0.000	2,250	N
222321	SAUCE TACO A/P 4-1GAL GRSZ	AP	1 TBSP	10	0	0.0	0.0	0.0	0	2	0.0	2	65	0.00	0	0	0				N	
195944	BEAN GREEN CUT 12-2# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40				N	
285630	BEAN GREEN CUT IQF 30# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	3	100	40				N	
189952	PINEAPPLE CHUNKS IN JCE 6-10 GFS	AP	0.5 CUP	80	0	0.0	0.0	0.0	0	20	2.7	19	11	1.33	12	200	20				N	
859570	TREAT RICE KRISPIE MINI 600-.39Z KELL	AP	4 EACH	180	0	4.4	1.3	0.0	0	34	0.0	15	210	0.88	0	400	0	4 Each	0.000	0.000	0.750	N
324787	BEEF PTY CKD PREM 72-2.67Z REDSRV	AP	1 EACH	200	14	15.0	6.0	0.8	41	2	1.5	1	534	1.50	0	56	36	1 patty (2.6	2,250	0.000	0.000	N
517810	BUN HAMB SLCD WHEAT WHL 4" 10-12 GFS	AP	1 EACH	120	5	1.3	0.0	0.0	0	24	5.8	3	220	1.80	0	0	0	1 Each	0.000	0.000	1,750	N
164216	CHEESE AMER 120CT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100				N	
149195	PICKLE DILL SLCD HAMB 4-1GAL GFS	AP	1 OZ	0	0	0.0	0.0	0.0	0	0	0.0	0	390	0.00	0	0	0				N	
221708	FRIES 3/8" R/C LNG GRD 4-6# GFS	AP	3 OZ	120	2	4.3	0.8	0.0	0	18	1.7	0	25	0.85	6	0	0	1.03 oz		0.250		N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0				N	
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0				N	
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0				N	

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GFS Reorder Number	Product Description	Edible or As Purchased	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
304913	FRANKS 3 MEAT CLASSIC 8/# 2.5# GFS	AP	1 EACH	174	6	15.7	5.0	0.6	43	2	0.0	1	576	0.56	0	0	40	1 Frank	2,000	0.000	0.000	Y
517830	BUN HOT DOG WHEAT WHL 12-12CT GFS	AP	1 EACH	110	5	1.6	0.0	0.0	0	20	4.0	3	200	1.60	0	0	40	1 Each	0.000	0.000	1,250	N
194263	FRANKS 3 MEAT FOOTLONG 6/# 2.5# GFS	AP	1 EACH	232	6	21.2	6.8	0.8	57	2	0.0	1	767	0.76	0	0	54	1 each	2,500	0.000	0.000	N
586854	BUN HOT DOG FOOTLONG SLCD 12-6CT GFS	AP	1 EACH	240	7	4.3	0.8	0.0	0	44	1.7	5	370	2.55	0	0	40					N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	4	0.0	0	60	0.00	0	0	0					N
517186	RELISH SWT PICKLE 4-1GAL GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	140	0.00	0	0	0					N
323233	VEG BLND CALIF 12-2# GFS	AP	1 CUP	30	0	0.0	0.0	0.0	0	5	1.9	1	25	0.00	20	750	20					N
285740	VEG BLND CALIF PREM 30# GFS	AP	1 CUP	30	0	0.0	0.0	0.0	0	5	1.9	1	25	0.00	20	750	20					N
610399	PEAR SLCD IN JCE 6-10 GFS	AP	0.5 CUP	60	0	0.0	0.0	0.0	0	14	2.5	10	5	0.00	1	0	0	5 cup		0.500		N
413370	PASTA SPAGHETTI 10* 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
437972	SAUCE SPAGHETTI TRAD 6-10 RAGU	AP	0.5 CUP	70	3	2.5	0.0	0.0	0	9	2.5	6	580	1.25	3	500	20					N
158704	BEEF GRND 80/20 3-10# GFS	AP	4 OZ	290	21	22.4	9.0	1.1	75	0	0.0	0	65	2.24	0	0	20	2.71 oz RA	2,000	0.000	0.000	N
580295	BREADSTICK FREN PARBK 120-1.8Z RICH	EP	1 EACH	150	6	1.0	0.0	0.0	0	31	1.0	1	340	2.04	1	0	15	1 each	0.000	0.000	2,000	N
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	5	5	0.0	4	251	0.00	0	8	8					N
448443	GELATIN MIX ASST SGR FR 18-2.5Z CARB	AP	0.75 TSP	7	1	0.0	0.0	0.0	0	1	0.0	0	6	0.02	0	0	1					N
307092	TOPPING WHIP 12-32Z RICH	EP	2 TSP	25	0	2.1	2.1	0.0	0	2	0.0	2	5	0.00	0	0	0					N
509183	CHIX NUGGET CRSPY BRD O/R 10.65# TY5	AP	4 EACH	250	11	16.1	3.8	0.0	75	16	0.9	1	670	1.90	0	100	20	4pc (.85z e	2,000	0.000	1,000	Y
613738	POTATO PLS EXCEL 12-28Z BAMER	AP	3.53 OZ	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pri	0.000	0.500	0.000	N
290025	GRAVY MIX CHIX 8-22.6Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	25 cup	0.000	0.000	0.000	N
587095	ROLL DNNR POTATO 1Z 12-12CT GFS	AP	1 EACH	100	3	2.0	0.0	0.0	0	19	1.0	3	135	0.99	0	0	20	1 Each	0.000	0.000	1,250	N
224448	PEACH SLCD L/S 6-10 GFS	AP	0.5 CUP	71	1	0.0	0.0	0.0	0	16	1.3	16	10	0.00	1	300	0					N
Green Week																						
210358	CORN DOG CHIX MINI 67Z CN 2-5# GFS	AP	4 EACH	210	7	12.2	2.3	0.0	45	18	0.8	7	490	1.52	0	0	40	6 each	2,000	0.000	2,000	Y
412200	FRIES 5/16" R/C LNG GRD A 6-5# GFS	AP	3 OZ	140	2	5.0	2.5	2.5	5	21	1.7	0	25	0.84	6	0	0					N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
473171	APPLE FRSH SLCD 100-2Z PIL	AP	1 PACKAG	30	0	0.0	0.0	0.0	0	7	1.1	6	0	0.00	21	0	20	2oz Pkg	0.000	0.250	0.000	N
462700	CHIX POPCORN BRD ORIG 2-5# GFS	AP	10 PIECE	230	15	11.1	1.0	2.0	40	16	0.0	0	890	1.01	0	0	0	14 Each	2,000	0.000	1,750	N
108251	RICE 25# UBEN	AP	0.25 CUP	170	4	0.0	0.0	0.0	0	38	0.0	0	0	2.94	0	0	40					N
119415	PEAS GREEN 12-2.5# GFS	AP	0.67 CUP	70	5	0.0	0.0	0.0	0	12	3.6	4	100	0.89	6	400	0					N
283760	PEAS GREEN IOF 30# KE	AP	0.67 CUP	70	5	0.0	0.0	0.0	0	12	3.6	4	200	0.89	6	400	0					N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0.000	0.000	1,750	N
509809	SHERBET CUP ORNG 96-4FLZ CLOVRV	AP	1 EACH	137	1	1.8	0.9	0.0	4	30	0.9	23	35	0.00	12	55	55	1 each		0.250		N
509795	SHERBET CUP RASPB 96-4FLZCLOVRV	AP	1 EACH	132	1	1.8	0.9	0.0	4	29	0.0	22	35	0.00	12	54	65	1 each		0.250		N
746819	SHERBET CUP LIME 96-3.2Z CLOVRV	AP	1 EACH	134	1	1.8	0.9	0.0	4	29	0.0	22	35	0.00	12	55	55	1 each		0.250		N
680613	TURKEY BRST DELI SLCD OKD 6-2# GFS	AP	1 SLICE	25	5	0.6	0.0	0.0	10	1	0.0	1	190	0.00	0	0	0	1 slice	0.250	0.000	0.000	N
316008	TURKEY BRST CKD SKNLS WHL 2PC GSIG	AP	2 OZ	60	11	0.0	0.0	0.0	30	1	0.0	1	490	0.56	0	0	0	4oz serving	2.150			N
470732	CHEESE STRING STIX WRPD 160-1Z GFS	AP	1 EACH	80	7	5.9	3.9	0.0	15	1	1.1	0	180	0.00	0	300	200	1 each	1.000	0.000	0.000	N
517830	BUN HOT DOG WHEAT WHL 12-12CT GFS	AP	1 EACH	110	5	1.6	0.0	0.0	0	20	4.0	3	200	1.60	0	0	40	1 Each	0.000	0.000	1,250	N
242489	LETTUCE SHRDD TACO 1/8CUT 4-5# RSS	AP	1.5 CUP	15	1	0.0	0.0	0.0	0	3	0.9	2	10	0.00	3	200	20					N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	4	0.0	0	60	0.00	0	0	0					N
107042	DRESSING SALAD 4-1GAL GFS	AP	1 TBSP	50	0	4.5	1.0	0.0	5	2	0.0	1	130	0.00	0	0	1					N
576646	CARROT STIX STRAIGHT CUT 2-5# RSS	AP	1 CUP	52	1	0.0	0.0	0.0	0	13	3.8	6	88	0.00	8	15406	42					N
781592	CELERY STIX 4-3# RSS	AP	100 Gram	14	1	0.0	0.0	0.0	0	3	2.0	2	80	0.00	3	449	40					N
537705	DRESSING RNCH CUP 120-1Z MARZ	AP	1 OZ	150	0	16.0	2.5	0.0	5	1	0.0	1	260	0.00	0	0	0					N
515884	DOUGH CKY SGR 240-1Z RICH	EP	1 EACH	116	1	6.0	1.3	2.3	1	15	0.3	7	98	0.52	0	202	11	1 cookie	0.000	0.000	0.750	N
841684	FRENCH TST STIX 175CT 10# AJ	AP	4 EACH	310	5	12.5	2.9	0.0	0	45	0.0	14	410	1.92	0	0	60	4 pcs.			2,250	N
497053	SAUSAGE PTY CKD SAGE 2Z 10# JDF	AP	1 EACH	210	7	20.2	7.3	0.0	40	1	0.0	1	390	0.56	0	0	23					N
324167	POTATO ROUNDS 6-5# GFS	AP	3 OZ	160	2	7.7	1.7	0.0	0	19	1.7	0	330	0.85	1	0	0	4 Each	0.000	0.250	0.000	N

K - 6 Menus

July, 2010
Gordon Food Service®

GFS Reorder Number	Product Description	AP	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0.0	0.0	0.0	0.0	0.0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0.0	0.0	0.0	0.0	0.0	4	0.0	4	190	0.00	0	100	0					N
160090	SYRUP PANCK CUP 200-1.5Z GFS	AP	1 EACH	120	0.0	0.0	0.0	0.0	0.0	31	0.0	23	0	0.00	0	0	0					N
118921	JUICE APPLE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0.0	0.0	0.0	0.0	0.0	14	0.0	0	0	0.00	61	0	11	1 (4flz) eac	0.000	0.500	0.000	N
118930	JUICE ORNG 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0.0	0.0	0.0	0.0	0.0	14	0.0	0	0	0.00	62	188	10	1 (4flz) eac	0.000	0.500	0.000	N
118940	JUICE GRAPE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	60	0	0.0	0.0	0.0	0.0	16	0.0	0	0	0.00	60	0	10	1 (4flz) eac	0.000	0.500	0.000	N
585921	PIZZA 4X6 CHS WHL GRN 50/50 96-4 6Z	AP	1 EACH	300	16	10.4	3.9	0.0	16	36	3.9	16	631	1.30	0	300	350	1 piece	2,000	0.130	2,250	Y
415540	FRENCH BRD WGRAIN CHS 60-5-1Z TONY	AP	1 EACH	320	16	10.3	2.9	0.0	21	35	1.5	4	600	2.94	15	500	300	1 Pizza	2,000	0.130	2,000	Y
134651	PIZZA CHS STFD CRST PREBK 72CT MAX	AP	1 SLICE	390	18	14.7	4.9	0.0	15	46	1.6	0	941	4.89	0	549	350	1 Slice	2,000	0.130	3,250	Y
600504	LETTUCE BLND ICEBERG/ROMN 4-5# RSS	AP	3 OZ	17	0	0.0	0.0	0.0	0	2	0.9	1	20	0.00	3	350	10					N
560545	SPINACH BABY CLND 2-2# MISIONERO	AP	1.765 CUP	22	3	0.0	0.0	0.0	0	4	3.0	0	160	3.00	28	6715	99					N
472999	DRESSING RNCH LT 4-1GAL GFS	AP	2 TBSP	77	0	6.3	0.9	0.0	5	5	0.0	4	251	0.00	0	8	8					N
189952	PINEAPPLE CHUNKS IN JCE 6-10 GFS	AP	0.5 CUP	80	0	0.0	0.0	0.0	0	20	2.7	19	11	1.33	12	200	20					N
Orange Week																						
776548	TACO FILLING BEEF 4-5# GFS	AP	1 CUP	100	8	7.3	2.2	0.0	20	3	1.1	1	240	1.68	1	100	20	2.30 oz	2,000	0.000	0.000	N
323616	SAUCE CHS NACHO DLX 6-10 GFS	AP	0.25 CUP	70	1	4.5	1.7	0.0	0	6	0.0	1	450	0.00	0	100	40					N
163020	CHIP TORTL RND YEL 5-1.5# KE	AP	10 EACH	160	2	7.0	1.0	0.0	0	22	1.0	0	75	0.00	0	0	0	9 chips			1,000	N
466921	CHIP TORTL CORN WHT 2-3# FSTDA	AP	1 OZ	160	2	9.9	1.1	0.0	0	16	2.0	0	70	0.57	0	0	10					N
222321	SAUCE TACO A/P 4-1GAL GR5Z	AP	1 TBSP	10	0	0.0	0.0	0.0	0	2	0.0	2	65	0.00	0	0	0					N
851329	CORN CUT SUPER SWT 6-4# GFS	AP	0.67 CUP	100	3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0					N
285620	CORN CUT IOF 30# GFS	AP	0.67 CUP	100	3	0.9	0.0	0.0	0	21	0.9	5	0	0.00	4	0	0					N
610275	PEAR HALVES IN JCE 6-10 GFS	AP	0.5 CUP	60	0	0.0	0.0	0.0	0	14	2.5	10	5	0.00	1	0	0	5 cup			0.500	N
176800	CHIX TNR HMSTYL PEPR 6-5# COMM	AP	2 Piece	160	11	8.3	1.4	0.0	30	11	0.0	0	490	1.38	0	100	20	3 each	2,000	0.000	1,250	Y
613738	POTATO PRLS EXCEL 12-28Z BAMER	AP	3.53 OZ	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pr	0.000	0.500	0.000	N
290025	GRAVY MIX CHIX 8-22.6Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	0.25 cup	0.000	0.000	0.000	N
580295	BREADSTICK FREN PARBK 120-1.8Z RICH	EP	1 EACH	150	6	1.0	0.0	0.0	0	31	1.0	1	340	2.04	1	0	15	1 each	0.000	0.000	2,000	N
225304	FRUIT COCKTAIL US 6-10 GFS	AP	0.5 CUP	71	0	0.0	0.0	0.0	0	18	1.3	16	15	0.00	1	200	0					N
324787	BEEF PTY CKD PREM 72-2.67Z REDSRV	AP	1 EACH	200	14	15.0	6.0	0.8	41	2	1.5	1	534	1.50	0	56	36	1 pattv (2.6	2,250	0.000	0.000	N
164216	CHEESE AMER 120CT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
517810	BUN HAMB SLCD WHEAT WHL 4" 10-12 GFS	AP	1 EACH	120	5	1.3	0.0	0.0	0	24	5.8	3	220	1.80	0	0	40	1 Each	0.000	0.000	1,750	N
149195	PICKLE DILL SLCD HAMB 4-1GAL GFS	AP	1 OZ	0	0	0.0	0.0	0.0	0	0	0.0	0	390	0.00	0	0	0					N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
119393	VEG MIXED 12-2.5# GFS	AP	0.67 CUP	70	2	0.0	0.0	0.0	0	11	2.7	3	60	0.90	6	750	20					N
359000	VEG BLND GRDN MIX 8-WAY 30# GFS	AP	0.67 CUP	45	1	0.0	0.0	0.0	0	9	1.7	3	65	0.00	3	1250	0					N
859570	TREAT RICE KRISPIE MINI 600-39Z KELL	AP	4 EACH	180	1	4.4	1.3	0.0	0	34	0.0	15	210	0.88	0	400	0	4 Each	0.000	0.000	0.750	N
413320	PASTA ELBOW MACAR 4-5# GFS	AP	2 OZ	210	7	1.1	0.0	0.0	0	42	2.2	3	0	1.68	0	0	0					N
290319	SAUCE MIX CHS INST 8-32Z TRIO	AP	1.67 TBSP	50	0	1.0	0.5	0.0	0	9	0.0	2	330	0.00	0	0	0					N
175706	CARROT SLCD C/C 12-2# GFS	AP	0.5 CUP	23	1	0.0	0.0	0.0	0	5	1.9	3	44	0.00	2	7195	23					N
285750	CARROT SLCD SMTH MED 30# GFS	AP	0.5 CUP	23	1	0.0	0.0	0.0	0	5	1.9	3	44	0.00	2	7195	23					N
587095	ROLL DNNR POTATO 1Z 12-12CT GFS	AP	1 EACH	100	3	2.0	0.0	0.0	0	19	1.0	3	135	0.99	0	0	20	1 Each	0.000	0.000	1,250	N
293393	STRAWBERRY SLCD 4+1 6-6.5# GFS	AP	0.67 CUP	150	0	0.0	0.0	0.0	0	38	1.4	34	0	1.40	48	0	0					N
278726	STRAWBERRY SLCD 4+1 30# GFS	AP	0.67 CUP	150	0	0.0	0.0	0.0	0	38	1.4	34	0	1.40	48	0	0					N
164216	CHEESE AMER 120CT SLCD 4-5# GFS	AP	1 EACH	70	4	6.1	4.0	0.0	15	1	0.0	0	240	0.00	0	300	100					N
231053	BREAD WHEAT SLCD 1/2" 7-32Z GFS	AP	1 SLICE	110	3	1.6	0.0	0.0	0	21	2.0	2	200	1.17	0	0	20	1 Slice	0.000	0.000	1,500	N
228818	POTATO SMILES 26# 6-4# OREI	AP	4 EACH	130	2	4.8	0.7	0.0	0	20	2.0	0	180	0.68	3	0	0	4 each	0.000	0.500	0.000	N
588725	NOVELTY FZ SAND ICE CRM MINI 6-24CT	AP	1 EACH	100	2	4.0	2.2	0.0	10	15	0.0	7	90	0.36	0	100	20					N
Purple Week																						
509183	CHIX NUGGET CRSPY BRD O/R 10.65# TYS	AP	4 EACH	250	11	16.1	3.8	0.0	75	16	0.9	1	670	1.90	0	100	20	4pc (.85z e	2,000	0.000	1,000	Y
613738	POTATO PRLS EXCEL 12-28Z BAMER	AP	3.53 OZ	371	7	5.0	1.0	1.0	0	74	6.0	3	1733	1.00	30	10	36	0.5 Cup Pr	0.000	0.500	0.000	N
290025	GRAVY MIX CHIX 8-22.6Z TRIO	AP	1 TBSP	35	0	1.0	0.5	0.0	0	6	0.0	0	280	0.00	0	0	0	0.25 cup	0.000	0.000	0.000	N
316938	ROLL DNNR WHEAT PULL APART 16-12 GFS	AP	2 EACH	130	4	1.5	0.5	0.0	0	28	2.0	2	250	1.53	0	0	0	2 each	0.000	0.000	1,750	N
612456	PINEAPPLE SLCD IN JCE & WTR 6-10 GFS	AP	0.5 CUP	60	1	0.0	0.0	0.0	0	14	2.4	11	10	1.20	10	100	20					N

K - 6 Menus

July, 2010
Gordon Food Service®

GFS Reorder Number	Product Description	Edible or As Purchased	Serving Size	Calories	Protein (gm)	Fat (gm)	Saturated Fat (gm)	Trans Fat (gm)	Cholesterol (mg)	Carbohydrates (gm)	Fiber (gm)	Sugar (gm)	Sodium (mg)	Iron (mg)	Vitamin C (mg)	Vitamin A (IU)	Calcium (mg)	SLE Info	Meat/Meat Alt	Fruit/Veg	Bread/Bread Alt	CN Label
776548	TACO FILLING BEEF 4-5# GFS	AP	1 CUP	100	7.3	2.2	0.0	0.0	0	3	1.1	1	240	1.68	0	100	20	2.30 oz	2,000	0.000	0.000	N
714360	SHELL TACO YEL JUMBO 3-26CT MISSFD	AP	2 EACH	200	9.0	2.2	0.0	0.0	0	28	3.0	1	120	1.29	0	0	20	2 each	0.000	0.000	1,500	N
191043	CHEESE CHED MILD SHRD FINE 4-5# GFS	AP	0.25 CUP	110	7.7	0.0	0.0	0.0	0	0	0.0	0	180	0.00	0	300	200					N
242489	LETTUCE SHRD TACO 1/8CUT 4-5# RSS	AP	1.5 CUP	15	1	0.0	0.0	0.0	0	3	0.9	2	10	0.00	0	200	20					N
223221	SAUCE TACO AIP 4-1GAL GRSZ	AP	1 TBSP	10	0	0.0	0.0	0.0	0	2	0.0	0	65	0.00	0	0	0					N
285630	BEAN GREEN CUT IQF 30# GFS	AP	0.67 CUP	30	1	0.0	0.0	0.0	0	5	1.6	2	0	0.00	0	100	40					N
792102	CRACKER CHEEZ-IT SCRABBLE 175- 75Z	AP	1 PACKAG	100	2	4.0	1.1	0.0	0	14	0.0	0	160	0.63	0	0	2	1 Pkg	0.000	0.000	1,000	N
590134	POCKET BKFST BULK CN 96-2.2Z HPOCK	AP	1 EACH	140	7	5.0	1.9	0.0	50	18	1.2	3	330	1.24	0	100	100	1 Pocket	1,000	0.000	1,000	Y
470732	CHEESE STRING STIX WRPD 160-1Z GFS	AP	1 EACH	80	7	5.9	3.9	0.0	15	1	1.1	0	180	0.00	0	300	200	1 each	1,000	0.000	0.000	N
526401	POTATO SPUDSTER 4-5# SIMPL	AP	5 EACH	150	2	5.9	1.7	0.0	0	23	0.0	0	380	0.00	0	0	20	5 Each	0.000	0.500	0.000	N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
659355	DONUT BB IW 160-1.3Z SUPBAK	AP	1 EACH	130	3	5.9	1.5	0.0	5	18	0.0	7	180	2.59	6	750	60	1.3 oz each	0.000	0.000	1,000	N
659398	DONUT FOOTBALL IW 160-1.3Z SUPBAK	AP	1 EACH	130	3	5.9	1.5	0.0	5	18	0.0	7	180	2.59	6	750	60	1.3 oz each	0.000	0.000	1,000	N
118921	JUICE APPLE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0	0.0	0.0	0.0	0	14	0.0	0	0	0.00	61	0	11	1 (4flz) eac	0.000	0.500	0.000	N
118930	JUICE ORNG 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	61	0	0.0	0.0	0.0	0	14	0.0	0	0	0.00	62	188	10	1 (4flz) eac	0.000	0.500	0.000	N
118940	JUICE GRAPE 100% FRSH 72-4FLZ SNCUP	AP	1 EACH	60	0	0.0	0.0	0.0	0	16	0.0	0	0	0.00	60	0	10	1 (4flz) eac	0.000	0.500	0.000	N
558061	CHIX PATTIE BRD WHL GRAIN 3 26Z 6-5#	AP	1 EACH	230	13	12.7	1.8	0.0	20	15	2.7	1	490	1.82	0	0	40	1 patty	2,000	0.000	1,000	Y
509205	CHIX PTY GRLLD O/R CN 90-2.65Z MCCAR	AP	1 EACH	160	13	11.1	3.0	0.0	45	2	0.0	2	380	0.74	0	100	20	1 Patty	2,000	0.000	0.000	Y
517810	BUN HAMB SLCD WHEAT WHL 4" 10-12 GFS	AP	1 EACH	120	5	1.3	0.0	0.0	0	24	5.8	3	220	1.80	0	0	40	1 Each	0.000	0.000	1,750	N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
107042	DRESSING SALAD 4-1GAL GFS	AP	1 TBSP	50	0	4.5	1.0	0.0	5	2	0.0	1	130	0.00	0	0	1					N
119245	BROCCOLI CUTS 12-2.5# GFS	AP	0.75 CUP	30	2	0.0	0.0	0.0	0	4	1.7	2	20	0.00	30	0	20					N
285590	BROCCOLI CUTS IQF 30# GFS	AP	0.75 CUP	30	0	0.0	0.0	0.0	0	4	1.7	2	20	0.00	30	0	20					N
290319	SAUCE MIX CHS INST 8-32Z TRIO	AP	1.67 TBSP	50	0	1.0	0.5	0.0	0	9	0.0	2	330	0.00	0	0	0					N
359700	ICE CRM CUP VAN FLAV 48-4FLZ BLBNY	AP	1 EACH	130	2	7.3	4.6	0.0	30	16	0.0	13	60	0.00	0	300	80					N
359720	ICE CRM CUP CHOC FLAV 48-4FLZ BLBNY	AP	1 EACH	130	2	7.3	4.6	0.0	25	17	0.0	15	55	0.00	0	200	60					N
359730	ICE CRM CUP STRAWB FLAV 48-4FLZ BLBNY	AP	1 EACH	130	2	7.3	4.6	0.0	25	16	0.0	13	60	0.00	0	200	80					N
304913	FRANKS 3 MEAT CLASSIC 8# 2-5# GFS	AP	1 EACH	174	6	15.7	5.0	0.6	43	2	0.0	1	576	0.56	0	0	40	1 Frank	2,000	0.000	0.000	Y
517830	BUN HOT DOG WHEAT WHL 12-12CT GFS	AP	1 EACH	110	5	1.6	0.0	0.0	0	20	4.0	3	200	1.60	0	0	40	1 Each	0.000	0.000	1,250	N
194263	FRANKS 3 MEAT FOOTLONG 6# 2-5# GFS	AP	1 EACH	232	8	21.2	6.8	0.8	57	2	0.0	1	767	0.76	0	0	54	1 each	2,500	0.000	0.000	N
152056	KETCHUP CAN 29% XTHK 6-10 GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	300	0					N
819492	KETCHUP DISPENSER PK 2-1.5GAL HNZ	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	190	0.00	0	100	0					N
266256	MUSTARD YELLOW PREP 6-1GAL CRWN	AP	1 TSP	0	0	0.0	0.0	0.0	0	0	0.0	0	60	0.00	0	0	0					N
517186	RELISH SWT PICKLE 4-1GAL GFS	AP	1 TBSP	15	0	0.0	0.0	0.0	0	4	0.0	4	140	0.00	0	0	0					N
576646	CARROT STIX STRAIGHT CUT 2-5# RSS	AP	1 CUP	52	1	0.0	0.0	0.0	0	13	3.8	6	88	0.00	8	15406	42					N
781592	CELERY STIX 4-3# RSS	AP	100 Gram	14	1	0.0	0.0	0.0	0	3	2.0	2	80	0.00	3	449	40					N
537705	DRESSING RNCH CUP 120-1Z MARZ	AP	1 OZ	150	0	16.0	2.5	0.0	5	1	0.0	1	260	0.00	0	0	0					N
794770	DOUGH CKY CHOC CHIP 288-1Z RICH	AP	1 EACH	130	1	7.0	2.1	2.1	0	16	1.0	9	110	0.78	0	200	0					N
278971	APPLESAUCE SWT 6-10 GFS	AP	0.5 CUP	89	0	0.0	0.0	0.0	0	21	2.5	18	10	0.00	0	0	0					N

The nutrition printed is the most up to date information as provided to GFS as of July 2010. Please be aware that manufacturers may change formulations, which can affect the nutritional content of products. It is a good practice to verify nutrition information on the actual label of each product. If you have any questions regarding this information, please contact the Nutrition Resource Center at 1-800-968-4426 or nrc@gfs.com