

Huron Board of Education Wellness Policy

Policy Statement:

The Board of Education recognizes that health status is related to student's attendance and education, and that health awareness, nourishing foods and physical activity are needed by students in order to grow, learn and achieve lifelong health and well-being. The Board of Education recognizes its responsibility to provide a safe and healthy learning environment for all students. The Board acknowledges the necessity for the school system to ensure that the school environment promotes and protects students' health and ability to learn by providing nutrition and health awareness education, physical activity, and a variety of food and beverage choices. The Board believes schools have a responsibility to help students develop the skills, knowledge, and attitudes necessary to adopt and maintain a healthy lifestyle.

Purpose:

The purpose of this policy is to provide direction to the school system for promoting student wellness through nutrition and health awareness education, physical activity, and the selection of nourishing foods and beverages and to fulfill the requirements of Public Law 108-265, Section 204, June 30, 2004, Child Nutrition and WIC Reauthorization Act of 2004. Under this law, the Huron City School District shall prepare, adopt and implement a comprehensive plan to encourage healthy eating and physical activity and to promote health awareness. This plan shall make effective use of school and community resources and equitably serve the needs and interests of all students and staff, taking into consideration reasonable differences in health status and cultural norms.